



# Spokane Head Start/ECEAP/Early Head Start CACFP INFANT MEAL FORM

Site: \_\_\_\_\_

Infant's Full Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Formula Type: \_\_\_\_\_

Date Enrolled: \_\_\_\_\_

Type of Bottle: \_\_\_\_\_

Nipple Size: \_\_\_\_\_

## REQUIREMENTS

Parent/guardians may choose to:

- Supply formula or human milk expressed or by breastfeeding, on-site.
- Provide their own foods in place of center-provided foods.
- Parents/guardians cannot be required to provide infant formula or foods.

## FORM INSTRUCTIONS

- Complete this form for each infant and update as needed.
- Complete the information section at the top of this form.
- Keep this form on file to support the monthly claim.
- Check the appropriate box of the Components for items the parent supplies.
- Check the appropriate box in the Components Offered section when the infant is developmentally ready for a component. Be specific for types of foods introduced.
- Record and date changes and updates in the Notes section when a new food is started, or changes are made (i.e., infant switches from human milk to a center provided IFIF).
- Send this form to Nutrition Specialist when no longer using.

## COMPONENTS OFFERED

Meal Components	Developmentally Ready	Parent Supplies	Specific Foods Introduced	Date	No Longer Eating	Staff Initials
Human Milk						
IFIF						
Iron-Fortified Infant Cereal						
Meat/Meat Alternate						
Fruit						
Vegetable						
Grains						

**Use this side when the first page has no more room to write in specific foods introduced.**

Meal Components	Developmentally Ready	Parent Supplies	Specific Foods Introduced	Date	No Longer Eating	Staff Initials
Meat/Meat Alternate						
Fruit						
Vegetable						
Grains						

**Notes:**

**Reminders:**

- Only 2 meals and 1 snack **or** 1 meal and 2 snacks can be claimed per infant, per day.
- Record a meal or snack when:
  - Center supplies all components
  - Parent/guardian supplies only one (1) component
  - Expressed human milk is a component
  - Parent supplies human milk or IFIF and center provides all other foods
- Do not record a meal or snack when:
  - Parent/guardian supplies **more than** one component
  - Center supplies infant cereal and parent supplies human milk and fruits
  - Center supplies formula and parent supplies all other foods